



NEWTOWN YOGA

You must sign up with your teacher for each semi-private class.

Contact your teacher directly for reservations, cancellations, class details and cost.

Class cancellations will be handled by your teacher directly as well.

Monday

6:00-7:15pm Restorative Yoga & Meditation (Tijen Genco - 267-391-7991)
7:30-8:45pm Veterans Class (free for our vets and spouses) (Patty Janoch - 267-467-4822)

Tuesday

12:00-12:45pm Lunchtime Mixed Level Yoga (Rebecca Stanko - Contact Stacy Hunt – 267-980-9346)
7:00-8:00pm Gentle Yoga (Natassia Levine - 267-799-8308)
8:15-9:15pm Gentle Chakra 12-Step Yoga (Heather Barna-Dowling - 215-354-7828)

Wednesday

12:15-1:00pm Circuit Training (Tracy Bray- Contact Stacy Hunt 267-980-9346)
7:10-8:00pm Yoga for Every 'BODY' (Kait Vanderlaan - 215-680-5782)

Thursday

8:00-9:00am Mixed Level Yoga (Amy Morris – 215-359-5900)
4:45-5:45pm Teen Yoga 2x Monthly (Kelly Corbitt / Shannon Wasel - 917-847-7073)
12:00-12:45pm Lunchtime Mixed Level Yoga Express (Rotating Teachers- Contact Stacy Hunt 267-980-9346)

Friday

5:30-6:45pm Energizing Yoga All Levels (Tijen Genco - 267-391-7991)

Saturday

1:00-1:45pm Social Skills for Kids 2x Monthly (Kelly Corbitt - 917-847-7073)